



Greg Arnold, DC, CSCS

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Education

2004 – National University of Health Sciences (NUHS)

-Doctor of Chiropractic

2002 – National University of Health Sciences

-Bachelor of Science

2000 – Pennsylvania State University

-Bachelor of Science Major: Life Sciences Minor: English

Experience

2005-Present – Private Practice

-Emphasis on nutrition/exercise counseling, private baseball pitching instruction, conditioning camps, Patient Education

2007 – 2008 – Veteran’s Affairs Hospital, Martinez, CA

-Providing free chiropractic care to Veterans 1 day per week

2004 – Chiropractic Internship

-Complete under Dr. David Parrish – Chicago, IL

Awards

2004 – NUHS Joseph Janse Award Winner

-Awarded to the “Most Outstanding Graduate” of every graduating class

2003 – Student American Chiropractic Association

-Recognized for “Excellence in Leadership” as President of NUHS’s Chapter of the Student ACA

2002-2003 – Who’s Who Among Students in American Colleges & Universities

-1 of 25 students recognized by the National University of Health Sciences for outstanding accomplishment as a student

1999-2000 – Who’s Who Among Students in American Colleges & Universities

-1 of 92 students recognized by the National University of Health Sciences for outstanding accomplishment as a student

1998-1999 – Who’s Who Among Students in American Colleges & Universities

-1 of 84 students recognized by the National University of Health Sciences for outstanding accomplishment as a student

Licensure & Certifications

2013-Present – Cardiopulmonary Resuscitation (CPR) Certification

-Completed CPR/AED for Professional Rescuers and Healthcare providers and certified to respond to breathing and cardiac emergencies in adults, children and infants until more advanced medical personnel take over

2004-Present – Certified Strength and Condition Specialist (CSCS)

-Certified by the National Strength and Conditioning Association (NSCA) to design and implement safe and effective strength and conditioning programs for athletes

2003-Present – Spine Research Institute of San Diego (SRISD)

-Advanced Certification: Successfully completed a training program in the diagnosis, treatment, and management of motor vehicular cervical acceleration/deceleration (CAD) trauma.

-Low Speed Rear Impact Crash Reconstruction (LOSRIIC): Attended CRASH 2003, a three-day workshop on state-of-the-art methods of LOSRIIC, covering principles of mathematics, physics, biomechanics, and occupant kinematics, along with participating in human volunteer, full-scale crash tests and their analyses, and successfully completing a comprehensive written examination.

2013-Present – Kinesio tape Practitioner

-Completed training in Fundamental and Advanced Techniques (KT1 & KT2) of The Kinesio Taping method, a form of therapeutic rehabilitative taping that affects the activation of neurological and circulatory systems, allowing muscles to regain proper function.

Associations & Memberships

2013-Present – New York State Chiropractic Association

2013-Present – American Chiropractic Association Sports Council

-A professional and educational non-profit organization that works closely with athletic organizations, as well as allied health professionals, to promote better understanding of the value of chiropractic care in athletic training and treatment.

2007-Present – Physicians for a National Health Program

-Advocating a universal, comprehensive single-payer national health program.

2004-Present – American Chiropractic Association

-An organization whose mission is to preserve, protect, improve and promote the chiropractic profession, to provide leadership in health care

2003-Present – National Strength and Conditioning Association (NSCA)

-Supports and disseminates research-based knowledge and its practical application, to improve athletic performance and fitness.

2004-Present – National Pitching Association

-An association formed by leading coaches, athletes, and management teams to help pitchers of all ages safely develop to their fullest potential

2003-2011 – California Chiropractic Association

2004-2007 – American College of Sports Medicine

-Promoting and integrating scientific research, education, and practical applications of sports medicine and exercise science to maintain and enhance physical performance, fitness, health, and quality of life

Extracurricular Activities

2004-Present – Private Baseball Pitching Instruction

-Certified by the National Pitching Association to become proficient at using video analysis of pitching as well as education young pitchers on the mental and emotional side of pitching.

2002-Present – NOW Foods Nutrition Abstract Writer

-Abstracting medical journal articles concerning nutrition, exercise, and overall health

2007-Present – High School Speaking Events

-Give presentations to students at Monte Vista High School and Dougherty Valley High school in California and Smithtown High School in New York on both sports medicine and choosing chiropractic as a healthy profession

2010-2011 – Community Speaking Events

-Give nutrition presentations on topics ranging from protein to inflammation and joint health

2003-2004 – Chicago White Sox Training Academy – Lisle, IL

-Worked for one year as a private baseball pitching instructor

2003-2004 – Student American Chiropractic Association

-Served as President of the NUHS Chapter of the Student American Chiropractic Association

2001-2003 – Grand Slam Baseball Academy – Lisle, IL

-Worked for two years as a private baseball pitching instructor

1995-1999 – Penn State Varsity Men's Baseball Team

-Awarded a 4.5-year athletic scholarship as a left-handed pitcher